

BRAIN & BEHAVIOUR ENHANCEMENT

reconnecting neural pathways...



Supporting the Anxious Child

Suitable for teachers of all grades and SNAs

Mayo Education Centre – Wednesday 15th May 2019 from 4 - 6 p.m.

Presentation Content

- Exploring how stress and anxiety in early childhood may change the brain architecture, having an impact on behaviour, concentration, social interaction and learning.
- Understanding how some stress symptoms may be camouflaged in the classroom and in the school yard.



- Explaining evidence-based support strategies for implementation in the classroom for socio-emotional well-being and improved learning.

Presentation Aim

The aim is for attendees to be able to better identify children who display a wide range of stress related symptoms and be better equipped to implement strategies to support such children in the classroom.

Dr. Mary F. O'Connor - PhD (Professional) in Education

As Director of Brain and Behaviour Enhancement, Mary has twenty-five years' experience in supporting parents of children who have specific learning and behavioural challenges and guiding them in the use of a home-based developmental treatment programme with their children. She has facilitated many presentations for school staff, including CPD Summer courses for teachers. Mary is also a qualified nurse and midwife, has an MA (Hons.) in Advanced Therapeutic Childcare, and has diplomas in both physiology and sociology. She is a strong advocate of fostering evidence-based, rather than opinion-based, educational initiatives. Based on her most recent research she is committed to raising awareness of the stressful effects of early childhood adversity and providing suggestions for effective management strategies in the classroom.

To book, log onto Mayo Education Centre's website at www.MayoEducationCentre.ie or contact Mayo Education Centre on 094 9020700