

May Courses @ MEC

Title	Date	Time	Venue	Details
Managing Allergies (SP-17-38)	Tuesday 2 nd May 2017	7pm	Mayo Education Centre Facilitator: Anne Walsh	Managing Allergies will look at the following; <ol style="list-style-type: none"> 1. Overview of Allergies & Anaphylaxis. 2. Actions for School & Parents/Guardians. 3. Demonstration of Trainer Adrenaline auto –injector pens. 4. Demonstration of Cases for Allergy Meds. 5. Sample Allergy Emergency Plan. 6. New Legislation re admin of emergency medicines.
CAMHS Child Adolescent Mental Health Services (SP-17-42)	Monday 8 th May 2017	1pm to 3.30pm Lunch Provided at 1pm followed by Information Session	Mayo Education Centre Facilitator: Dr. Sharyn Byrne HSE	Mayo Education Centre in association with the Child & Adolescent Mental Health Services (CAMHS), will hold an information session for post primary school principals and leaders of SEN. The session will focus on the following areas. <ul style="list-style-type: none"> • referral pathway to CAMHS • care pathway once pupil accepted by CAMHS • mental health and psychological evaluation • intervention options • how a teacher might judge the degree of impairment of a pupil at a preliminary level prior to referral It will consist of a short presentation followed by Questions & Answers, so please prepare your questions in advance.
Time-Out For Teachers Promoting Self-Care & Positive Wellbeing In The Teaching Profession (SP-17-40)	Wednesday 10 th May 2017	7pm	Mayo Education Centre Facilitator: Michael Mc Tighe	The objective of this workshop is to afford teachers the time and space to promote and protect positive wellbeing on a personal and professional level. The participants will explore the positive effects of combating stress and fostering wellbeing both inside and outside the classroom. The workshop will focus on the following area. <ul style="list-style-type: none"> • Personal and Professional Wellbeing • Stress Reduction Techniques • Self-Care Strategies • Planning Towards Positive Change • Exploring ways to foster positive wellbeing in the classroom.
Managing Aggression and Violence in Schools CARA TRAINING CONSULTANCY (SP-17-41)	Saturday 20 th May 2017	9.30am to 3.30pm Course Fee: €50 Payable on booking This fee includes coffee break & lunch	Mayo Education Centre Facilitated by CARA Training Consultancy	The purpose of this 4 hour training course is to provide school staff with: <ol style="list-style-type: none"> (1) The maximum legal knowledge and vocabulary to defend themselves against potential complaints, vexatious or otherwise. (2) The correct legal and practical terminology in how to report an aggressive or violent incident. (3) The necessary tactical awareness skills in order to produce a positive outcome. (4) The skills to deal with physically challenging situations. (5) Help dealing with potential fear and anxiety in the classroom. (6) A defined plan of action for when an incident occurs. The course will provide real-life examples of what is happening in certain schools, why school staff are getting into trouble, and most importantly how to mitigate against that from happening. It will inform how the Courts are presently interpreting the law in schools. So, while we all may have different opinions in relation to this topic, it is of paramount importance to know how the courts are presently dealing with particular scenarios. Each participant is provided with the following; <ul style="list-style-type: none"> - Our Training Manual (32 pages). - A separate Physical Interventions document. The Training Manual contains our entire 56 slide Power-point presentation, as well as all of the relevant Law and legal information.

The above courses may fulfil part of your school's Croke Park Agreement. All courses are available on a first come, first served basis. It is very important that you contact us if you have any special requirements regarding mobility or special needs.

To Book a place on any of the above courses, log onto the Mayo Education Centre website at www.MayoEducationCentre.ie

