



# **Nurture Group**

## **Theory and Practice**

### **Information Session**

This Information Session on Nurture Group Theory and Practice is an introduction for school personnel on the theory behind Nurture Groups and how to engage in the practice of running a Nurture Group and being a Nurturing School.

**Date:** Thursday 14<sup>th</sup> March 2019  
**Time:** 5pm – 6.30pm  
**Venue:** Mayo Education Centre  
**Facilitator:** Dr. Susan Gibney – Nurture Group Practitioner and Director of Blackrock Education Centre.

During this session, the following will be addressed:

- The practicalities of setting up and running a nurture group – early years, primary and secondary
- An outline of up-to-date research in attachment theory and neuroscience
- Nurture Groups and child development and learning
- An introduction to the Boxall Profile and how it is used to refer children and young people, set targets and put in place practical strategies to address the challenges children have
- Linking to the curriculum
- Developing a whole-school nurturing approach
- Monitoring and evaluation through a structured, evidence-based, planned approach

This Information Session will be of interest to those who wish to set up and run a nurture group. It is also suitable for schools who want to adopt a more nurturing approach while working with children who have any or all of the following: social, emotional and/or behavioural difficulties, low self-confidence, low self-esteem, low resilience, self-regulation difficulties and/or self-expression difficulties.

Following the Information Session, participants will have the opportunity to enrol in a full 'Nurture Group Theory and Practice Course', in Mayo Education Centre, with an option for accreditation as a Nurture Group Practitioner (on submission of an assignment).

To book, log onto Mayo Education Centre's website at

[www.MayoEducationCentre.ie](http://www.MayoEducationCentre.ie)

